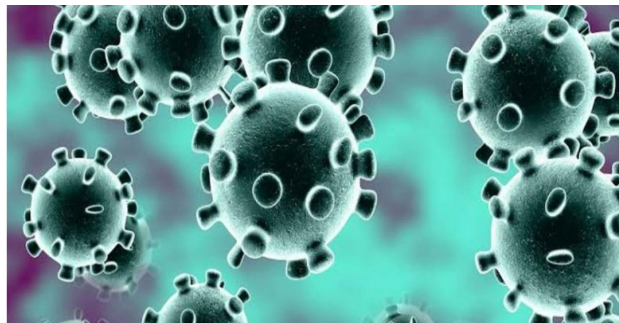
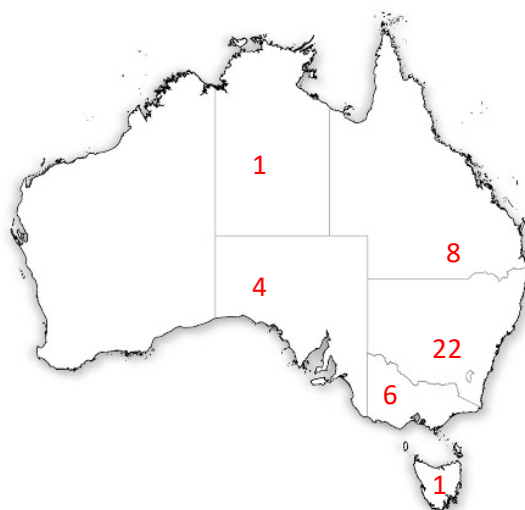


## COVID- 19



### CURRENT STATUS IN AUSTRALIA

As @ 09:00hrs 05.03.2020 there were 52 confirmed cases of Coronavirus (COVID – 19) including 2 deaths in Australia. 10 cases are associated with the Diamond Princess



### WHAT IS CORONAVIRUS AND COVID – 19?

Coronaviruses can make humans and animals sick. Some coronaviruses can cause illness similar to the common cold and others can cause more serious diseases, including Severe Acute Respiratory Syndrome (SARS) and Middle East respiratory syndrome (MERS). This new coronavirus originated in Hubei Province, China and the disease outbreak is named COVID-19

### HOW IS IT SPREAD?

The coronavirus is most likely to spread from person-to-person through:

- direct close contact with a person while they are infectious
- close contact with a person with a confirmed infection who coughs or sneezes, or
- touching objects or surfaces (such as door handles or tables) contaminated from a cough or sneeze from a person with a confirmed infection, and then touching your mouth or face.

Most infections are only transmitted by people when they have symptoms. These can include fever, a cough, sore throat, tiredness and shortness of breath.

## HOW CAN WE PREVENT THE SPREAD?

To protect yourself and others from infection PRACTICE GOOD HAND AND RESPIRATORY HYGIENE including:

- cleaning hands with soap and water or alcohol-based hand rubs
- covering your nose and mouth with a tissue or flexed elbow when coughing or sneezing
- avoiding contact with anyone who has symptoms such as fever, a cough, sore throat, fatigue, and shortness of breath.
- staying home if you are unwell.



<https://www.chemistwarehouse.com.au/shop-online/1986/hand-sanitiser>



There is no need to cancel any events or gatherings or take additional precautions to normal practice. People who are unwell should not attend public events.

## MORE INFORMATION,

While coronavirus is of concern, it is important to remember that most people displaying symptoms such as fever, cough, sore throat or tiredness are likely suffering with a cold or other respiratory illness—not coronavirus.

For the latest advice, information and resources, go to [www.health.gov.au](http://www.health.gov.au)

Call the National Coronavirus Health Information Line on 1800 020 080. It operates 24 hours a day, seven days a week. If you require translating or interpreting services, call 131 450.

The phone number of your state or territory public health agency is available at [www.health.gov.au/state-territory-contacts](http://www.health.gov.au/state-territory-contacts)

If you have concerns about your health, speak to your doctor.

**If there are any further developments on Coronavirus (COVID – 19) we will update all personal upon receipt of the information and/or via the next Toolbox Talk.**

For Site Manager use (print document and then complete):

This toolbox talk is relevant to my site? Yes / No

If yes (tick),

- This toolbox talk has been discussed with workers
- I have placed this toolbox talk on the site safety notice board
- Document to be removed from site safety notice board on (date) \_\_\_\_/\_\_\_\_/\_\_\_\_

Site Manager \_\_\_\_\_  
(signature)

Date \_\_\_\_/\_\_\_\_/\_\_\_\_